

James J. Paraiso, D.O.
Board Certified Spine Surgeon
Fellowship Trained

Central Florida Spine Institute
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Ocala, Florida 34471
(352) 873-7770

CURRENT PRACTICE

10/06 to present **Founded Central Florida Spine Institute, PLLC**

06/06 to 10/06 **Gulfcoast Spine Institute** (associate surgeon)

08/05 to 06/06 **Sarasota Orthopedic Associates** (associate surgeon)

EDUCATION

08/01/04 to
07/31/05 **Florida Orthopedic Institute**
Orthopedic Surgery Spine Fellowship

07/01/2000 to
07/30/2004 **Genesys Regional Medical Center / Michigan State University**
Orthopedic Surgery Residency

07/01/1999 to
06/30/2000 **Genesys Regional Medical Center / Michigan State University**
Traditional Rotating Internship

08/01/1995 to
06/30/1999 **Kirkville College of Osteopathic Medicine**
Doctor of Osteopathic Medicine

08/22/1988 to
07/28/1995 **University of Florida**
B.A., Religion
B.S., Zoology

PUBLICATIONS & ACADEMIC LECTURES

Fall 2009 Pending publication of “**Minimally Invasive Revision Laminectomy / Trans-foraminal Interbody Fusion for Post-Laminectomy Syndrome, Minimum One Year Follow-up**”

Winter 2008 Lectured on “**Minimally Invasive Spine Surgery**” to
The National Association of Orthopedic Nurses, Florida Chapter

Fall 2005 Co-authored a chapter on pedicle screw based dynamic spine stabilization with Antonio Castellvi, M.D. for the spinal surgery textbook book: **Dynamic Reconstruction of the Spine**, edited by **Daniel Kim, M.D., Frank Cammisa, M.D., and Richard Fessler, M.D.**

- May 2005 Lectured on “**Posterior Only Approach with Multiple Transforaminal Lumbar Interbody Fusions and Instrumentation For Adult Lumbar Scoliosis**” in Sarasota, Florida at the Florida Orthopedic Society’s Scientific Annual Meeting. **Moderator: Frank Eismont, MD.**
- October 2004 Lectured in **Seville, Spain at the 4th International Spine Research And Innovation Meeting on “The Rationale and Indications for Dynamic Spine Stabilization”.**

ORTHOPAEDIC SURGERY OUT ROTATIONS

- July 2003- **Michigan State University**
 September 2003 Musculoskeletal and Spine MRI / Neurosurgery
- January 2003- **Hand Surgery Associates of Michigan / Wayne State University**
 March 2003 Hand / Upper Extremity
- July 2002 – **Florida Orthopedic Institute / University of South Florida**
 September 2002 Orthopedic Trauma / Spine Surgery
- January 2002 – **Children’s Hospital (New Orleans) / Louisiana State University**
 March 2002 Pediatric Spine Surgery and Orthopedics

HONORS & AWARDS

- July 2003 to **Chief Resident** Orthopedic Surgery Service at Genesys Regional
 June 2004 Medical Center
- Spring 1996 **Sigma Sigma Phi** National Osteopathic Honor Society
- Fall 1995 **KCOM Dean’s Scholarship Award Recipient**
- Fall 1993 **Golden Key National Honor Society**
- Fall 1992 **Dean’s List**
- Spring 1992 **Sigma Tau Sigma** National Tutorial Honor Society
- Fall 1989 **Dean’s List**
- Fall 1989 **Most Outstanding Electee Award** Alpha Epsilon Delta
- Fall 1989 **Alpha Epsilon Delta** Premedical Honor Society

PROFESSIONAL ASSOCIATIONS

- American Academy of Orthopedic Surgeons
- American Osteopathic Academy of Orthopedic Surgeons
- North American Spine Society
- Society for Minimally Invasive Spine Surgery
- Florida Orthopedic Society
- American Osteopathic Association

PERSONAL

I have been married to my wife Kathleen for 14 years and have three children, Andrew, Jacob and Emily. When I am not with my family, I enjoy working out, fishing, golfing and water sports.

